



FACT SHEET

California Association for Health, Physical Education, Recreation and Dance



The California Association for Health, Physical Education, Recreation and Dance (CAHPERD), founded in 1930, is a non-profit, voluntary membership organization formed exclusively to promote the development and implementation of school, community and statewide programs of health, physical education, recreation and dance which will embody such opportunities and which will insure the inclusion of such programs within the most appropriate philosophical and social context of life in California.

Who belongs to CAHPERD?

CAHPERD is comprised of members who are professional educators, administrators, researchers, youth leaders, students, dance scientists and instructors, coaches, sports medicine professionals, dancers, staff members of medical care facilities and public health agencies, fitness professionals, choreographers, therapists, recreation professionals, and others with career interests in the movement related fields: physical education, health education, physical activity, sports and athletics, recreation and leisure, and dance. Members are united by their interest in promoting healthy, balanced, and active lifestyles.

What does CAHPERD do?

- Encourage, guide and support professional growth and development in health, physical education, recreation, dance and other movement-related programs based on individual needs, interests, and capabilities.
- Communicate the importance of health, physical education, recreation, and dance and other movement-related activities as they contribute to human well-being and growth, as well as to the overall development of individuals.
- Encourage and facilitate research which will enrich health, physical education, recreation, dance and other movement-related activities and disseminate the findings.
- Develop and evaluate standards and guidelines for personnel and programs in health, physical education, recreation, dance and other movement-related activities.
- Coordinate and administer planned programs of professional, public and government relations that will improve health, physical education, recreation, dance and other movement-related activities.
- Develop and implement a variety of programs to promote awareness and sensitivity within the membership of CAHPERD regarding California equity and diversity issues in HPERD professions.
- Conduct other appropriate activities which are timely and responsive to the professional needs of its members.

How is CAHPERD structured?

CAHPERD is currently governed by its 3,000+ members through individual participation, interest area involvement and geographical representation in 24 units, 18 regions and 5 districts which comprise the House of Regions. Special interests are represented in the House of Representatives, which is composed of 6 division vice presidents, 6 vice presidents-elect, 10 section chairs and 10 section chairs-elect. The combined membership of these two houses comprises the House of Delegates. The 22-member Board of Directors is responsible for the financial and corporate affairs of the Association. CAHPERD is supported by member dues, revenue from conferences and workshops, Jump Rope for Heart and Hoops for Heart fund-raising programs, CAHPERD Journal and Times Newsletter publication advertising, various generous donations, available grants and additional sponsorships.

How can I learn more about CAHPERD?

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